

# Engage — The Micronutrient Company

The Science Behind the World's Most  
Scientifically-Validated Micronutrient Supplements



Bringing Health and Goodness to World

# ENGAGE & DR. PRASAD

## BRINGING HEALTH AND GOODNESS TO THE WORLD

### **MICRONUTRIENT DEFICIENCY IS A CRISIS IN HUMAN HEALTH**

Are you optimally healthy?

Good health has a positive impact on daily life, yet millions of people struggle due to unhealthy habits.

### **WE ARE WHAT WE EAT**

### **TOXIC ENVIRONMENT & MICRONUTRIENT DEFICIENT FOOD RESULTS IN POOR HEALTH**

Pollution, EMF Radiation, Pesticides, and Processed Foods all lead to unhealthy lives for millions of people. The FDA has banned another common food additive – Red Dye No.3.

The food industry has been putting unhealthy ingredients in our food for decades. How many other harmful ingredients are they using?

High quantities of sugar, fat, salt, and other processed ingredients can addict us to these harmful foods.

Unhealthy food has caused a crisis in our overall health situation; the results are clear. Obesity and sickness are increasing at a rapid rate.

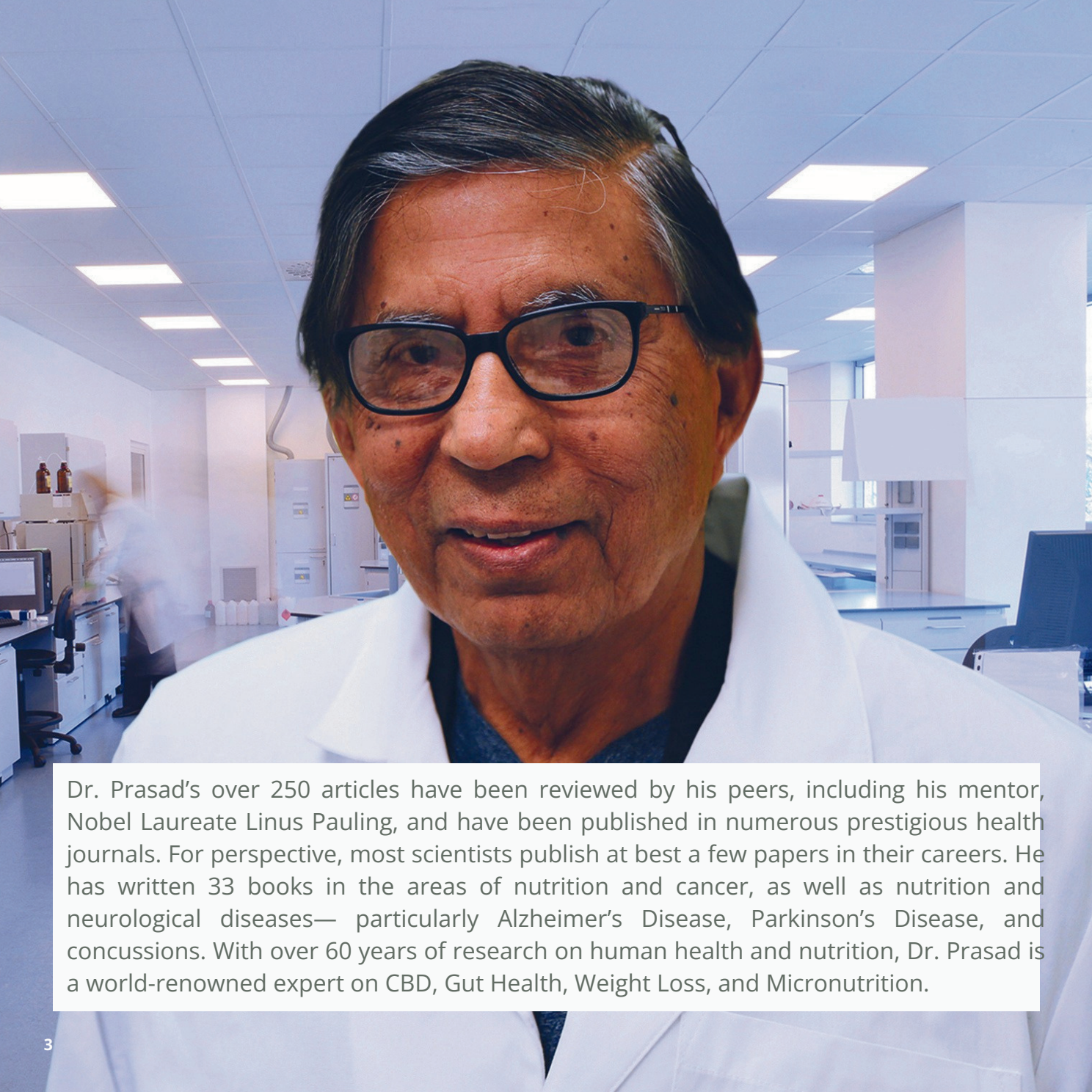


# MICRONUTRIENTS ARE A SIMPLE & HEALTHY ANSWER TO TODAY'S HEALTH CHALLENGES

Dr. Prasad and Engage offer scientifically-validated products that are a safe and effective way to improve health. By addressing three key areas of nutrition, science has shown that micronutrients can improve overall health. Start taking micronutrients today and begin the journey toward a healthier life.

## **DR. PRASAD HAS FOCUSED ON THREE KEY AREAS FOR IMPROVING HEALTH:**

1. Micronutrients – by providing our bodies with micronutrients at the cellular level, we can overcome the toxic environment in which we live.
2. Gut Health – Probiotics, Prebiotics, and Digestive Enzymes supercharge our gut health to optimally utilize our food and micronutrients.
3. Healthy Weight – balancing our hormones with GLP-1 and GIP promotes the shedding of unhealthy weight and fat.



Dr. Prasad's over 250 articles have been reviewed by his peers, including his mentor, Nobel Laureate Linus Pauling, and have been published in numerous prestigious health journals. For perspective, most scientists publish at best a few papers in their careers. He has written 33 books in the areas of nutrition and cancer, as well as nutrition and neurological diseases— particularly Alzheimer's Disease, Parkinson's Disease, and concussions. With over 60 years of research on human health and nutrition, Dr. Prasad is a world-renowned expert on CBD, Gut Health, Weight Loss, and Micronutrition.

# THE WORLD'S FOREMOST EXPERT ON MICRONUTRITION

## ACCOLADES

- World's First Radiation Biology Ph.D. University of Iowa, Iowa City, 1963
- Awarded 10 U.S. Patents on micronutrients
- National Institutes of Health awarded millions of dollars for research on human health
- Awarded \$12.5 million by Congress to further research with US Military, NASA, and others on micronutrients and human health
- Discovered the anti-cancer potency of Vitamin E Succinate
- Discovered that butyric acid, the small fatty acid formed by fermentation of fibers in the gut, is an anti-cancer agent

## CREDENTIALS

- Professor, University of Colorado School of Medicine, 30+ years—Director of Vitamin & Cancer Research
- Former President, International Society of Cancer and Nutrition
- Invited Member, Royal Society of Medicine, London
- Invited Member, Nobel Prize Nominating Committee for candidates in Medicine
- Attended Postdoctoral training at Brookhaven National Laboratory, Long Island, NY

## WORKS

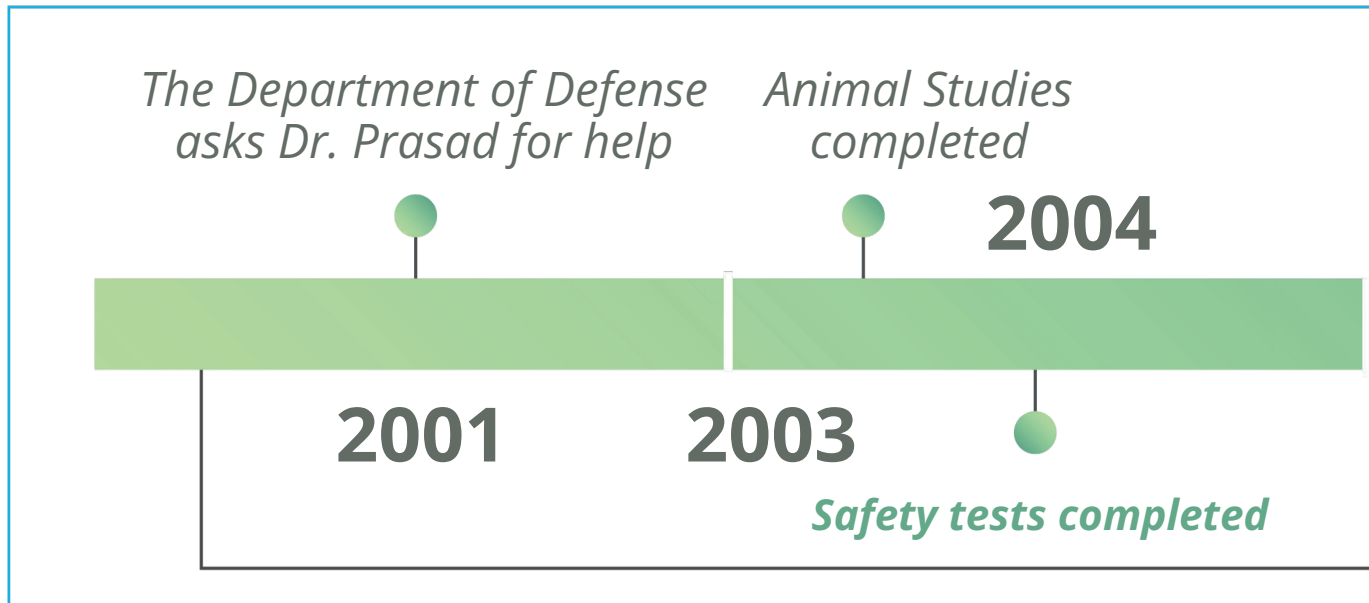
- Author and co-author of 33 books
- Published more than 250 peer-reviewed articles
- Hundreds of references of Dr. Prasad's works published on PubMed



# DEDICATED DILIGENCE. REFINED RESEARCH. REAL RESULTS.

## Perfecting the Micro Daily Formula

Dr. Prasad conducted 17 lectures for military scientists and worked with Congress for two years to gain competitive approval for the funding necessary to complete the scientific validation process for Micro Daily. Six years and 14 clinical studies later, Dr. Prasad successfully demonstrated that Micro Daily is indeed the world's most scientifically-validated supplement.



# MICRO DAILY SCIENTIFIC VALIDATION HIGHLIGHTS

- 6 years of testing
- 9 months of safety testing with the U.S. Military Internal Review Board
- 14 total clinical studies — including 7 human trials
- \$12.5 million funding from the U.S. Congress
- Over \$24 million total invested to develop and validate Micro Daily
- 10 U.S. Patents awarded to Kedar N. Prasad, Ph.D.

## TIMELINE OF THE SUCCESSFUL VALIDATION FOR THE EFFICACY OF MICRO DAILY

*Human clinical trials completed*

*Veteran clinical trials completed*  
**Micro Daily Approved**

**2005**

**2006**

# MADE TO PROTECT. BUILT TO SUSTAIN. EVERY DAY. *FOR LIFE.*

## Micro Daily Was Originally Formulated For U.S. Troops

Not just to protect—but also to sustain our troops—the U.S. Military asked Dr. Kedar N. Prasad, Ph.D.—the world’s foremost expert on micronutrition and supplementation—to develop a supplement that could provide a singular daily source of nutritional defense and nourishment for U.S. Troops.

Micro Daily (originally called Military Micronutrient Formulation) is the result of decades of research by Dr. Prasad and tens of millions of dollars of funding. This unprecedented investment validated a micronutrient supplement, now called Micro Daily, that nourished and protected U.S. Troops and Veterans in a way that no other supplement can. Now that same formula can be safely delivered to anyone's front door so that everyone can also experience the benefits of Micro Daily.

**EVERY DAY. *FOR LIFE.***





# THE ORIGINAL

## Military Micronutrient Formula



*Designed to be carried in the cargo pocket of military fatigues.*



# THE BEGINNING OF A PARTNERSHIP

## Dr. Prasad's Mission To Bless the Masses With Optimal Health.

*"Build a community of wellness by improving  
and enhancing human health."*

A chance encounter with businessman and investor David Nemelka began a multi-year journey that ultimately led to a partnership between himself and Dr. Prasad. Seeing how Micro Daily positively impacted the lives of thousands, David developed a certainty of Micro Daily's efficacy that drove an urgency to put Dr. Prasad's formula in the hands of the public. Making Dr. Prasad's mission his own, David partnered with him to bring Engage to the world and make Micro Daily available to the masses.



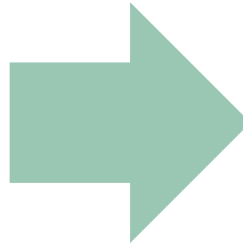
# FROM THE MILITARY TO THE MASSES

## NEW LOOK

Original  
Packaging



Current  
Bottle





# MICRO DAILY ORIGINAL

## An Everyday Micronutrient Companion

Micro Daily Original elevates health routines. It is a scientifically-formulated dietary supplement designed by Dr. Kedar N. Prasad. Micro Daily is supported by 40+ years of research, 7 U.S. Patents, and 14 clinical studies with the U.S. Military and NASA.

### MICRO DAILY ORIGINAL PROMOTES:

- Healthy inflammation response
- Immune system boost
- DNA integrity and health
- Health aging
- Increased energy
- Natural cellular defenses
- Whole body health



### MICRO DAILY HYDRO:

- Citrus-flavored drink mix
- Same formula as Micro Daily Original
- Different delivery system
- Faster absorption
- Increased energy



*Same formula, different delivery system!*

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

# WHAT'S INSIDE MICRO DAILY

**Vitamin A** – Protects cells from free radicals. Promotes a strong immune system and eye health.

**Vitamin C** – Enhances the production of anti-viral agent interferon gamma and strengthens the immune system. Enhances the formation of collagen to maintain skin health.

**Vitamin E Succinate** – Activates Nrf2, neutralizes free radicals and oxidative stress, and crosses the blood-brain barrier.

**Vitamin B-3** – Provides substrate to mitochondria for energy and enhances production of new mitochondria.

**Vitamin B-12** – Prevents excessive release of glutamate. Essential in red blood cell function, cell metabolism, nerve function, and DNA stability.

**CoQ10** – Activates Nrf2, improves energy, and provides mitochondria substrate for generation of energy. Boosts the immune system, neutralizes free radicals, supports cell growth, and prevents release of excessive glutamate.

**Alpha Lipoic Acid** – Activates Nrf2 and enhances the formation of glutathione, the most powerful antioxidant. Glutathione is a chelating agent for heavy metals.

**N-Acetyl-L-Cysteine (NAC)** – Activates Nrf2 and is used by the body to increase glutathione levels which helps respiratory conditions by reducing inflammation and brain health.

**Beta-Carotene** – Critical antioxidant that prevents cellular and DNA damage by reducing oxidative stress.



I've been following the scientific literature on whether or not smartphones disrupt male hormones and fertility for some years now, and the data thankfully, are now clear. A recent meta-analysis indicates they do.

Smartphones are not going anywhere. One simple way to avoid and reverse the negative effects is to not keep them in your front pocket and ideally to keep them as far away from your body as possible. This is true even when the Wi-Fi is turned off and the phone is turned off.

**ANDREW HUBERMAN PH.D.**

STANFORD UNIVERSITY NEUROSCIENCE PROFESSOR  
AND NEUROSCIENCE LAB DIRECTOR



# 5G IS UP TO 700 TIMES MORE POWERFUL THAN ORIGINAL CELL-PHONE TECHNOLOGY

Dr. Prasad's latest research demonstrates why EMF Radiation is harmful to our health. Hundreds of scientific studies have shown the potentially harmful effects of 5G EMF Radiation on human health. EMF Radiation increases the production of excessive amounts of free radicals (oxidative stress) in the body. It also increases the production of pro-inflammation cytokines (inflammation). These cellular defects contribute to the increased risk of developing neurological and cellular defects that can lead to most health issues.

## Potential Health Risks of Excessive Exposure to EMF Radiation

### Neurological: Acute abnormalities

- **Hypersensitivity syndromes:** Headaches, dizziness, balance problems, sleep disturbances, depression, emotional problems, fatigue, irritable behavior, lack of focus, and confusion
- **Acute non-neurological abnormalities:** Alters heart and brain function. DNA damage and increased sperm/testicular damage
- **Late neurological abnormalities:** Cognitive dysfunction, tinnitus, hyperacusis (increased sensitivity to noise), and attention deficits

### Micro Daily is a formula supported by 14 clinical studies, including:

- Studies on CT Scans and other low levels of radiation
- Radiation & oxidative stress studies conducted by Dr. Prasad in conjunction with NASA and the U.S. Military
- Dr. Prasad's patent on Micronutrition and Radiation

# MICRO DAILY EMF

PATENT PENDING

## World's First Radiation Biology Ph.D.

Dr. Prasad holds a patent for using micronutrients as defense against radiation. As the world's first radiation biology Ph.D., nobody is more qualified than Dr. Prasad to formulate a micronutrient defense against EMF Radiation. Promotes natural defenses to combat EMF Radiation. Contains four ingredients that are scientifically-validated in radiation studies: Quercetin, Resveratrol, Curcumin, and green tea extract.

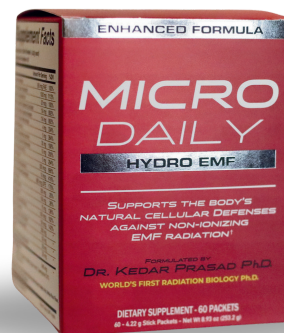
## MICRO DAILY EMF PROMOTES:

- Healthy inflammation response
- Immune system boost
- DNA integrity and health
- 5G protection
- EMF radiation defense
- Healthy aging
- Increased energy
- Natural cellular defenses
- Whole body health
- Enhanced absorption with methylated ingredients



## MICRO DAILY HYDRO:

- Citrus-flavored drink mix
- Same formula as Micro Daily Original
- Different delivery system
- Faster absorption
- Increased energy



*Same formula, different delivery system!*

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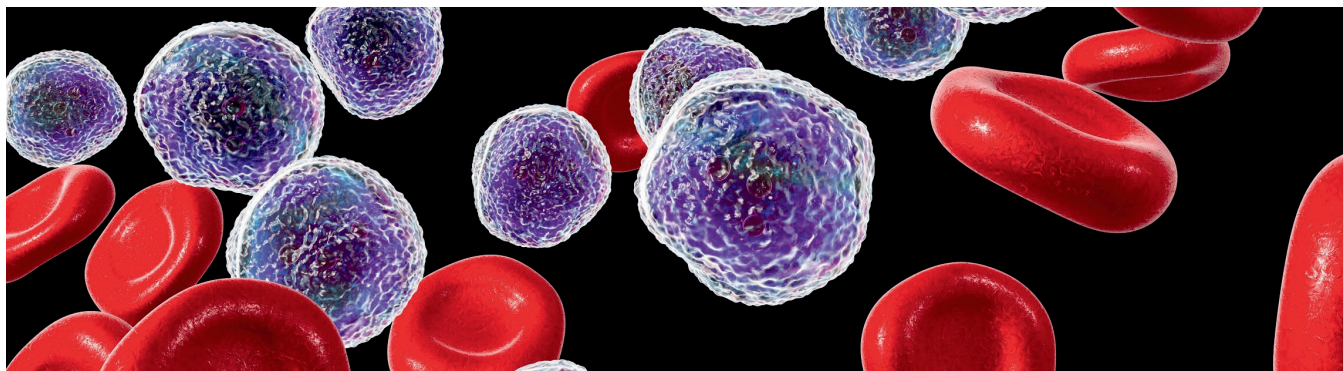
# MICRO DAILY METHYLATED

## Methylated Inflammation Fighter and Immune System Boost

Specially formulated with methylated ingredients that enhance absorption for people with the MTHFR gene. Supported by 40+ years of research, 7 U.S. Patents, and 14 clinical studies with the U.S. Military and NASA.

### MICRO DAILY METHYLATED PROMOTES:

- Healthy inflammation response
- Immune system boost
- DNA integrity and health
- Healthy aging
- Increased energy
- Natural cellular defenses
- Whole body health
- Enhanced absorption with methylated ingredients



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# GIVE CHILDREN THE MICRONUTRIENT BOOST THEY NEED TO THRIVE

## Unhealthy Diets

Providing children with a healthy diet in our world of fast food and junk food is hard to do. Proper Micronutrient supplementation gives children the nutrient boost they need to promote their optimal health.

## Current Kids' Vitamins Fall Short In Micronutrients

Unlike Micro Daily for Kids, which is loaded with important micronutrients, most children's vitamins are formulated mainly for low cost, good taste, and appealing marketing.

## Inadequate Vitamins

Vitamins A, C, D, and the B vitamins are often too low of a dosage or completely left out.

## Inadequate Minerals

Studies have shown that the ingredients Zinc and Chromium are often left out of kids' supplements.

## Improper Minerals

Copper and Manganese should not be added to kids' supplements. These ingredients can be toxic and negatively affect brain health when taken over long periods of time.

## Lack These Essential Nutrients

CoQ10, N-Acetyl-L-Cysteine, Alpha Lipoic Acid, Beta Carotene, Resveratrol, Curcumin, and Quercetin.

# MICRO DAILY GUMMIES

U.S. PATENT: 11,938,100

## The World's Most Complete, **PATENTED** Nutrient-Rich Gummy

Great citrus taste that kids love

Formulated specifically for kids

Contains proper amounts of Vitamin A, C, D, and the B Vitamins, along with minerals Zinc, Selenium, and Chromium.

Contains other essential nutrients CoQ10, N-Acetyl-L Cysteine, Alpha Lipoic Acid, Beta Carotene, Resveratrol, Curcumin, Quercetin.

### **MICRO DAILY GUMMIES PROMOTES:**

- Healthy bone and organ development
- Immune system boost
- DNA integrity and cell health
- Mental clarity and focus
- Natural cellular defenses
- EMF radiation and 5G defense
- Whole body health

### **Premium Quality Formulation and Ingredients**

- Contains Methylated ingredients for maximum absorption
- Contains natural forms of nutrients for maximum absorption
- Natural forms
- Free of milk, peanuts, soy, and eggs
- 3rd party tested



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# A NATURAL LOWER-COST WEIGHT LOSS ALTERNATIVE

## PATENT PENDING

The FDA has approved drugs that mimic GLP-1 for Weight Loss.  
Tens of Millions of people are using these drugs.

**Dr. Prasad has formulated a better product:**

- All-natural
- Not a synthetic Pharmaceutical. No shots
- Contains 9 all-natural ingredients that naturally stimulate GLP-1, which provides better results over a prolonged period of time
- Balances hormones by stimulating GLP-1 and GIP hormones at the same time
- Significantly lower cost (up to 10x less expensive than pharmaceuticals)





# GLP-1 BOOST

PATENT PENDING

## GLP-1 Boost Delivers Results Like No Other Products

GLP-1 Boost is formulated to stimulate the body to produce GLP-1 and GIP throughout the day to help reduce appetite and support weight loss goals.

Dr. Prasad recommends taking 1-2 capsules in the morning 30 minutes before eating. If the desired results are not noticeable, he recommends adding 1-2 capsules 30 minutes before dinner.

GLP-1 Boost is formulated for long-term healthy weight loss. The expectations should be to consistently lose 2-4 lbs per month on a long-term basis until the weight loss goals are achieved.

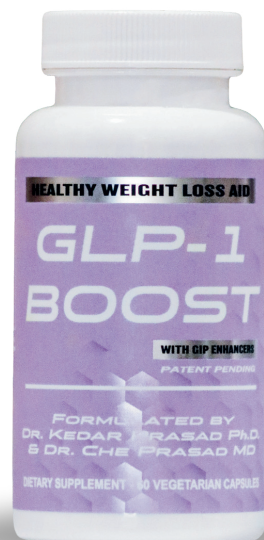
GLP-1 Boost should be used in conjunction with a healthy diet and exercise.

Consult a healthcare provider before starting any weight loss program.

Do not take it with any other weight loss products.

## GLP-1 BOOST PROMOTES:

- Appetite suppression
- Glucose metabolism
- Fat metabolism
- Weight loss
- GLP-1 hormone production
- GIP hormone production
- Hormone balance



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# FDA

## APPROVED GLP-1 TRIALS

GLP-1 drugs showed limited weight loss in the first month. Most of the trial participants started to experience consistent weight loss over a prolonged period of time. Trial results showed that 160 lb women lost 15-28 lbs over a 68-week period.

### Supercharge GLP-1 Boost results

Our bodies have an enzyme called the DPP-4 enzyme. This enzyme breaks down GLP-1 hormones and reduces their effectiveness. Decreasing DPP-4 enzymes in the body is an additional way to enhance the effectiveness of GLP-1 hormones. Taking Collagen Daily with GLP-1 Boost will supercharge the results.

### Core4 will also enhance GLP-1 Boost results

**Probiotic Daily** – A healthy gut is essential for overall wellness, as it enables the body to properly digest food and efficiently absorb micronutrients.

**Micro Daily EMF** – A result of advanced research, it is packed with potent micronutrients that work synergistically to support the body's natural defenses against EMF.

**Omega3 Daily** – A body needs essential omegas to maintain optimal heart and brain health. Fatty acids support cardiovascular function, cognitive performance, and reduce inflammation.

# A HEALTHY GUT ALLOWS MAXIMUM ABSORPTION OF MICRONUTRIENTS

## Why Probiotics Are The Key To A Healthy Gut

Poor gut health can be the cause of many health concerns, but experts agree that probiotics are key to achieving and maintaining a healthy gut. Successful probiotics are formulated with multiple strains of bacteria, prebiotics, and can withstand the harsh conditions of the stomach acid and bile acid in the intestine.

## Unhealthy Gut Symptoms Include:

- Irritable inflammatory bowels syndrome
- Excess gas
- Intestinal cramping
- Diarrhea
- Malnutrition
- Poor immune system function
- Poor brain and organ health function

## Why Prebiotics Matter:

- Prebiotics are fibers and carbohydrates.
- They provide food to the good bacteria.
- They protect good bacteria by providing a hospitable environment for the growth of good bacteria.
- Prebiotics are fermented into small fatty acids such as butyric acid which is essential for optimal health.



# PROBIOTIC DAILY

PATENT PENDING

## Key to a Healthy Gut

Probiotic Daily is scientifically formulated with four unique strains of probiotics and is resistant to the harsh conditions of the stomach. With the addition of prebiotics, Probiotic Daily provides important necessities for a healthy gut which means maximum absorption of micronutrients, which also means maximum benefits from Micro Daily.

### PROBIOTIC DAILY PROMOTES:

- Digestive health
- Immune system health
- Gas and bloating reduction
- Elimination of digestive toxins
- Increased production of short-chain fatty acids
- Regularity

### Probiotic Daily Is:

- Third party tested
- Acid resistant strains
- Combined with prebiotics

### Probiotic Daily Dosage:

- Take 1 capsule every day with food
- Take for 3-6 months
- Then take 1 capsule 1-2 times per week to maintain a healthy gut



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# OMEGA-3 PLAYS A CRUCIAL ROLE IN OUR OVERALL HEALTH.

As part of a balanced diet, omega-3 fatty acids play a crucial role in our overall health. However, our bodies can't produce them naturally, making supplementation necessary. Omega-3s are essential for brain health and cardiovascular function. The benefits of consuming omega-3 supplements have been well-researched and scientifically verified.

## Benefits of Omega-3

### Supplementation Include:

- Reduction of triglycerides
- Improved mood and cognition
- Immune system support
- Enhanced skin health

### Clinical Studies on Omega-3 Showed the Following Benefits:

- Reduced risk of heart disease
- Improved mental health
- Improved bone and joint health
- Improved sleep quality



# OMEGA3 DAILY

*PATENT PENDING*

## Essential Fatty Acids

Omega3 Daily is a potent supplement packed with essential fatty acids—omega -3 and omega-6—that our bodies can't naturally produce. It boasts higher amounts of DHA, EPA, and ALA, sourced from responsibly harvested freshwater fish oil, and the optimal amount of GLA, from flax and borage seeds. Formulated by Dr. Kedar N. Prasad Ph.D., the balance between DHA, EPA, ALA, and GLA found in this formulation is unique and promotes a healthy inflammation response. Elevation of cyclic AMP converted neuroblastoma cells (childhood cancer) into normal-like cells, discovered in 1970 by Dr. Prasad.

Omega3 Daily enhances absorption of oil-soluble micronutrients from other Micro Daily products, making it an excellent choice for those seeking to get the most out of their supplements and to support healthy aging. Manufactured to the highest quality standards, Omega3 Daily is free from contaminants and heavy metals, third party tested, and comes in easy-to-swallow softgels protected from becoming oxidized through the addition of Vitamin E.

## OMEGA3 DAILY PROMOTES:

- Heart health
- Healthy inflammation response
- Brain health
- Cognition function
- Immune system health





# THE IMPORTANCE OF COLLAGEN & HYALURONIC ACID SUPPLEMENTATION

Our levels of collagen, elastin, and levels of hyaluronic acid decrease as we age. Damage to our skin and organs from free radicals and enzymes increases. Enzymes are attacking our cells daily, causing our skin to wrinkle and age. The benefits of consuming collagen and hyaluronic acid have been well-studied and scientifically verified.

## Benefits of Collagen

### Supplementation Include:

- Decreased signs of aging
- More vibrant skin
- Increased skin elasticity
- Better joint health
- Strengthened muscles
- Restored mineral loss in bones
- Enhanced brain health

## Clinical Studies with Hyaluronic Acid Alone Showed the Following Benefits in the Skin:

- Improved skin hydration
- Improved skin elasticity
- Reduced skin wrinkles
- Reduced skin roughness



# COLLAGEN DAILY

U.S. PATENT: 11,819,538

**PATENTED:** No other Collagen has Enzyme Inhibitors. No other Collagen delivers healthy aging benefits like Collagen Daily.

Collagen Daily combines premium Collagen Peptides with Enzyme Inhibitors plus Hyaluronic Acid to deliver results like no other collagen product. Slow down aging by neutralizing damaging enzymes and boosting collagen levels.

Dr. Prasad's research has uncovered natural enzyme inhibitors that can neutralize the "bad enzymes" such as collagenase, hyaluronidase, matrix metalloproteinases, and elastase. Collagen Daily is the only supplement available with enzyme inhibitors to further prevent the degradation of collagen.

## COLLAGEN DAILY PROMOTES:

- Replenishment of collagen
- Restored skin moisture and smoothness
- Skin elasticity and rejuvenation
- Hair and nail health
- Joint lubrication
- GLP-1 hormone defense
- Neutralization of DDP-4 enzymes
- Organ health
- Healthy aging



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# IMPROVED WELLNESS WITH DR. PRASAD'S CORE4

Dr. Prasad's Core4 Bundle offers a comprehensive approach to wellness.

The combination of Micro Daily EMF, Probiotic Daily, Collagen Daily, and Omega3 Daily ensures that individuals' health is taken care of from all angles. From boosting immunity and improving brain function to promoting gut health, revitalizing skin, and supporting a healthy heart, this bundle has it all.

- **Holistic Health Solution:** Dr. Prasad's Core4 Bundle offers an all-inclusive approach to wellness, targeting key areas of health.
- **Superior Value:** Enjoy significant savings when purchasing the bundle compared to buying each product separately.
- **Effortless Wellness Routine:** Simplify a health regimen with four complementary products designed to work together for maximum benefit.



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# CORE4

PATENT PENDING

## Experience the Synergistic Effect of Four Revolutionary Supplements Carefully Curated by Dr. Prasad.

### The Benefits of Micro Daily EMF:

- **Shield Against Harmful EMFs:** Packed with essential nutrients, Micro Daily EMF is specifically designed to help the body combat the harmful effects of electromagnetic fields (EMFs) and low-level X-rays, promoting overall cellular health.
- **Immunity Support:** The unique blend of vitamins, minerals, and antioxidants in Micro Daily EMF supports the immune system, helping to stay healthy and resilient.
- **Enhance Brain Function:** Regular consumption of Micro Daily EMF can aid in improving memory, focus, and cognition, giving the brain the support it needs.

### The Benefits of Omega3 Daily:

- **Promote Heart and Brain Health:** Omega3 Daily, rich in essential fatty acids, supports a healthy heart and brain function, boosting overall health and well-being.
- **Healthy Inflammation Response:** Formulated with a balance of DHA, EPA, ALA, and GLA, Omega3 Daily promotes a healthy inflammation response, enhancing the body's natural defense system.
- **Enhance Supplement Absorption:** Omega3 Daily enhances the absorption of oil-soluble micronutrients from other Micro Daily products, ensuring getting the most out of supplements.

### The Benefits of Probiotic Daily:

- **Promote Gut Health:** Probiotic Daily supplement introduces beneficial bacteria to the gut, enhancing digestion, nutrient absorption, and overall gut health.
- **Immunity Support:** A healthy gut contributes significantly to a robust immune system. Probiotic Daily supplements help support the body's natural defenses.
- **Improve Mood and Energy Levels:** A healthy gut is linked to better mood and energy levels. Experience this positive shift with our Probiotic Daily supplement.

### The Benefits of Collagen Daily:

- **Revitalize the Skin:** Collagen Daily is enriched with premium Collagen Peptides, Hyaluronic Acid, and Enzyme Inhibitors. Replenishes the body's collagen levels, restoring skin moisture, and smoothness.
- **Boost Collagen Production:** Our exclusive formula contains natural enzyme inhibitors that neutralize "bad enzymes" like collagenase, hyaluronidase, and free radicals that promote increased collagen production.
- **Promote Hair, Nail, Bone, and Joint Health:** Regular intake of Collagen Daily promotes healthier hair and nails, relieves joint pain, and supports bone, muscle, tendon, and ligament health.



# THE ESSENTIAL NEED FOR HEART HEALTH SUPPORT

As we age, our cardiovascular system naturally experiences a decline in efficiency, with arteries becoming less flexible and cholesterol levels more challenging to manage. Environmental factors and lifestyle choices can further exacerbate these issues, increasing the risk of heart disease. Scientific research supports the benefits of targeted supplementation to maintain heart health and prevent complications.

## Benefits of Heart Supplementation Include:

- Increased cardiovascular function and heart strength
- Maintained healthy cholesterol and blood pressure levels
- Increased optimal blood circulation
- Preserved artery health and elasticity
- Improved energy and vitality



# HEART BOOST

## Strength in Every Beat

Heart Boost is a meticulously crafted supplement designed by Dr. Kedar N. Prasad to support heart health through a powerful blend of natural ingredients. Each component has been chosen for its scientifically studied effects on cardiovascular wellness, ensuring an optimal combination, quantity, and form that stands as the most potent natural aid for heart health currently available.

## HEART BOOST PROMOTES:

- Heart health and function
- Healthy cholesterol levels
- Maintaining blood pressure within a healthy range
- Healthy circulation
- Healthy arteries
- Increased energy
- Male vitality



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# ENSURING DIGESTIVE WELLNESS FOR ALL

Our digestive system's efficiency diminishes as we grow older. This is affected by decreased enzyme production and changes in gut health. These changes can lead to digestive discomfort and reduced nutrient absorption. Supplementation with natural enzymes aids in overcoming these challenges and promotes optimal digestive function.



## Benefits of Digestive Supplementation Include:

- Complete digestion of nutrients
- Enhancement of nutrient absorption
- Relief of gas, bloating, and indigestion
- A healthy gut microbiome
- Energy maintenance and healthy aging
- Immune function by enhancing gut health
- Reduction of inflammation within the digestive tract
- Increased regularity and digestive comfort
- Enhanced gut-brain communication, improving mood, and cognition
- Detoxification by assisting the body's natural waste-elimination processes

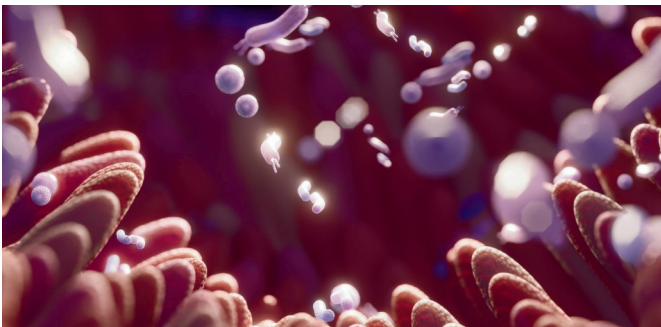
# DIGESTIVE BOOST

## Key Digestive Enzymes

Digestive Boost is a simple and effective solution for digestive needs. It works by using natural systemic enzymes from both plants and animals to help the body break down proteins, carbs, fats, sugars, and dairy. The inclusion of a full pH spectrum of enzymes means digestion occurs at multiple stages of the digestive process, providing enjoyment toward favorite foods without the worry of discomfort. Digestive Boost goes beyond just helping with digestion. It's designed to promote overall wellness and healthy aging, making it an essential part of daily health routines.

## DIGESTIVE BOOST PROMOTES:

- Complete digestion
- Relief for gas, bloating, and indigestion
- Enhanced nutrient absorption
- Healthy gut
- Increased energy
- Healthy aging



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# BRAIN BOOST

## The Brain's Best Defense Against Free Radicals And Aging

Brain Boost is formulated to work synergistically with Micro Daily for Optimal Results. Brain Boost contains key micronutrients, some of which Dr. Prasad discovered cross the blood-brain barrier to maximize brain health.

### BRAIN BOOST PROMOTES:

- Increased mental clarity
- Enhanced memory
- Increased energy
- Healthy aging
- Mitochondria regeneration



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# PRESERVING VISION IN A CHALLENGING WORLD

Our eyes are constantly exposed to environmental stressors like UV rays and digital screens, which accelerate the natural aging process. Over time, this exposure can lead to vision impairment and increased eye strain. Supplementation provides essential nutrients that combat free radicals and support eye health, preserving vision longevity.

In today's digital age, the demand on our eyes has never been greater. Prolonged screen time and exposure to blue light can put significant strain on our eyes, leading to discomfort and potential long-term damage. Eye Boost is specially formulated to combat these modern challenges, using powerful antioxidants and essential nutrients to protect against the harmful effects of blue light and digital devices. By supporting eye health with these key ingredients, Eye Boost helps prevent premature aging of the eyes and maintains optimal vision health, ensuring that the eyes remain resilient and clear in a screen-dominated world.

## Benefits of Eye Health Supplementation Include:

- Enhancement of visual clarity and eye function
- Reduced eye strain and fatigue
- Improved contrast sensitivity
- Protection against oxidative stress and inflammation
- Improved short and long-term eye health
- Reduced risk of age-related macular degeneration
- Improved night vision
- Enhanced color perception
- Increased hydration to the eyes





# EYE BOOST

## The Eyes Optimal Defense Against Free Radical Damage And The Effects Of Aging

Research has shown that free radicals and inflammation degrade our eyesight and cause many chronic eye health conditions. Eye Boost is formulated to work synergistically with Micro Daily to neutralize free radicals and combat inflammation in the eye. Dr. Prasad's formulation is based on ARED's 1 and ARED's 2 clinical studies conducted by the National Eye Institute and NIH.

### EYE BOOST PROMOTES:

- Optimal vision
- Relief of eye strain and fatigue
- Improved contrast sensitivity
- Healthy short and long-term eye function
- Reduction in free radicals in the eye
- Inflammation relief in the eye



These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

# SLEEP BOOST

## Wake up to a brand new day with Sleep Boost!

Say goodbye to tossing and turning with Sleep Boost. Our specially formulated supplement is packed with all-natural ingredients like Melatonin to regulate a sleep-wake cycle, Tryptophan to promote serotonin production for a calming effect, Holy Basil for stress reduction and mental balance, and Ashwagandha to reduce cortisol levels and anxiety. With Sleep Boost, it's not just investing in a good night's sleep, but a more productive and stress-free tomorrow.

### SLEEP BOOST PROMOTES:

- Falling asleep faster
- Sleeping deeper and longer
- Waking up refreshed
- Regulated sleep-wake cycle
- Elevated mental clarity and balance



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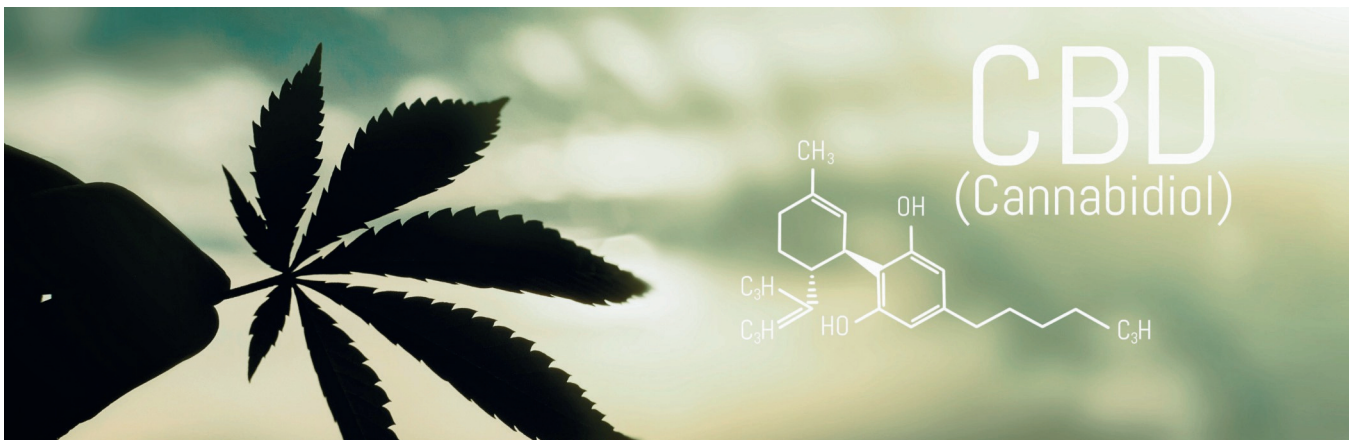
# THE AMAZING BENEFITS OF CBD

## Activates the Endocannabinoid System

By activating the endocannabinoid system CBD is uniquely able to promote pain relief, anxiety, stress relief, and optimal sleep.

## Endocannabinoid System - CBD Activates this System

Humans have an Endocannabinoid System (ECS) designed to fight neurological inflammation and protect our body. The purpose of the ECS is to maintain a healthy biological balance within our body's major systems. However, our ECS does not always function at optimal levels, especially as we age. This can lead to difficulty regulating a healthy mood, poor sleep, increased inflammation, pain, as well as an overall reduction in immune health. This is where CBD steps in, providing our bodies the support we need by helping our ECS to function more effectively.



# CBD BOOST

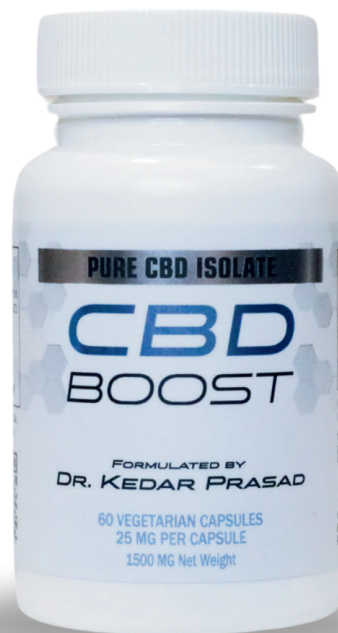
## Experience the Amazing Benefits of CBD

Engage's uncompromising quality commitment ensures our CBD products meet the following industry-leading standards:

- Tracked and traced from seed to sale
- Co2 processed for highest quality CBD
- Filter reactor processed for high-grade purity
- Processed in our exclusive GMP manufacturing facility
- Processed with pharmaceutical-grade equipment
- THC free
- 3rd party tested
- USA grown
- Organic compliant
- Non-GMO

## CBD BOOST PROMOTES:

- Neurological inflammation response
- Pain relief
- Optimal sleep
- Anxiety and stress relief



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# TWICE DAILY, MORNING & EVENING

## Proper Dosing Is Key For Optimal Results

In order to achieve optimal results and ensure that each ingredient is used by the body exactly as it should be, it is critical to follow proper dosing instructions for Dr. Prasad's products.



## Twice Daily Dosing

Dr. Prasad's research demonstrated that twice daily dosing is optimal for micronutrient effectiveness. Once daily dosing does not keep micronutrient levels at a saturation level in the body for optimal health.

## Take With Food or Omega3 Daily

Some micronutrients and CBD are fat soluble and require food for maximum absorption and efficacy. By taking micronutrients with food or Omega3 Daily, the body is maximizing their absorption and effectiveness for optimal health.



# CQF SETS US APART

## What Is CQF? Why Is It Important For Health?

All of Dr. Prasad's products have his name and his CQF seal on them to certify that anyone can take the finest, most scientifically-validated supplements in the world.



THE RIGHT *COMBINATION, QUANTITY & FORM* OF INGREDIENTS



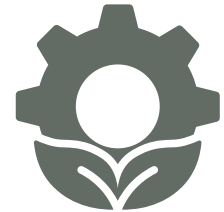
ALL NATURAL  
SWEETENERS  
& FLAVORS



GLUTEN FREE  
PRODUCT



MADE IN THE  
U.S.A.  
THIRD-PARTY  
TESTED



MANUFACTURED IN  
GMP CERTIFIED  
FACILITIES

All of Dr. Prasad's products carry a 90-day satisfaction guarantee. If for any reason the first bottle of any product purchased is not satisfactory, Engage will refund the purchase price (less S&H) with no questions asked.

# HOW CQF AFFECTS EVERYONE

## COMBINATION

Dr. Prasad conducted the research that proved micronutrients taken in combination are much more effective than when taken individually. His research also demonstrated that there are certain combinations of ingredients that should never be together.

## QUANTITY/RATIO

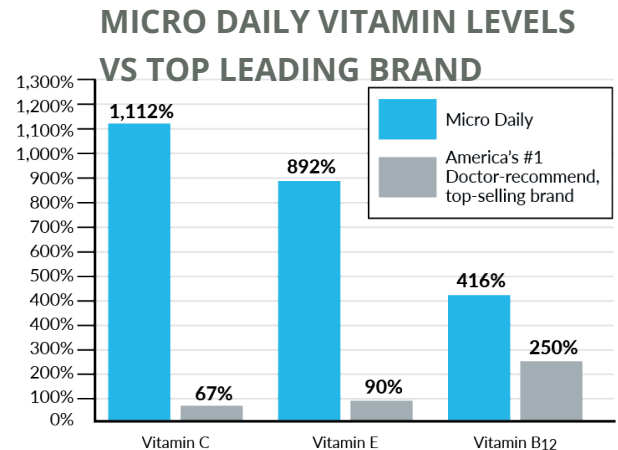
Avoid combining Vitamin C with Copper, Manganese, or Iron in a supplement. When combined in a supplement these metals react with Vitamin C to create free radicals, which are the enemies of our health. When taking Iron, it is best to take it two hours before or after taking Micro Daily.

Quantity isn't what the government recommends, RDA's (Recommended Daily Allowances) are set simply to meet "adequate" standards of nutrition to avoid a deficiency. RDA's are NOT what the body actually needs to be optimally healthy. For example, too much zinc prevents the uptake of selenium which is essential for optimal health. Some essential vitamins that other supplements fall short on are shown in the graph on the right.

## FORM

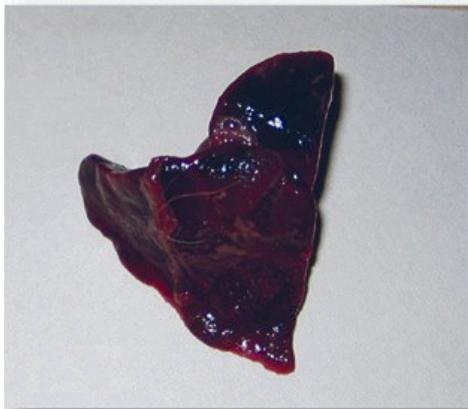
### Two Forms of Vitamin E

Dr. Prasad has researched both Vitamin E succinate, which rapidly crosses the blood-brain barrier to neutralize free radicals in the brain. Vitamin E acetate rapidly converts to Alpha-Tocopherol, which boosts the immune system.

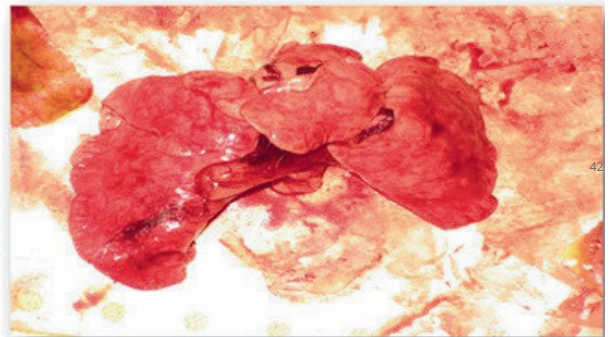


# DR. PRASAD'S SCIENCE SETS A NEW STANDARD IN SUPPLEMENT EFFICACY VALIDATION

## PMC/NASA/RUSSIAN ACADEMY OF SCIENCES COLLABORATION



Placebo



Antioxidants

Protection of lung in rabbits exposed to CNS syndrome dose (9.011Gy)  
which kills all animals within a few hours by Antioxidants.

### Fruit Fly Tumor Study

Ames Research Center, NASA,  
Moffett Field, CA

### Rabbit Radiation Internal Organ Protection Study

Johnson Space Center, NASA,  
Houston, Tx

# HUMAN CLINICAL TRIALS

**Protection Against Oxidative Stress** with U.S. Marines in harsh environments;  
Mountain Warfare Training Center

**Improved Recovery From Concussive Injuries From Blasts (dizziness & balance disorders)** with U.S. Veterans injured in Iraq and Afghanistan;  
Naval Medical Center San Diego

**DNA Protection and Repair**  
CAT Scan Patients  
Erlangen University, Nuremberg, Germany

**Tinnitus Improvement**  
Audiology Academy - Member Doctors  
Nashville, TN

**Improvement in Lipid Status and Regression of Carotid Artery Thickness**  
Firemen/First Responders  
Denver, Colorado

**Cellular Oxidative Damage Reduction and Immune Stimulation**  
Montevideo University, Uruguay

**Type II Diabetes Protection**  
U.S. Army  
Walter Reed National Military Medical Center

# DR. PRASAD'S PATENTS

Dr. Prasad's formulations are supported by nine issued patents and six pending patents. Dr. Prasad's formulations, including Micro Daily, are the most patent supported and scientifically-validated micronutrient formulations available today.

**Supporting U.S. Patent: 6,849,613**

Date: February 1, 2000  
*"Multiple Antioxidant Micronutrients"*

**Supporting U.S. Patent: 7,399,755**

Date: July 15, 2008  
*"Formulations Comprising Multiple Dietary and Endogenously Made Antioxidants and B-Vitamins and Use of Same"*

**Supporting U.S. Patent: 7,449,451**

Date: November 11, 2008  
*"Use of Multiple Antioxidant Micronutrients as Systemic Biological Radio-protective Agents Against Potential Ionizing Radiation Risks"*

**Supporting U.S. Patent: 7,605,145**

Date: October 20, 2009  
*"Micronutrient Formulations for Treatment of Diabetes Mellitus"*

**Supporting U.S. Patent: 7,628,984**

Date: December 8, 2009  
*"Micronutrient Formulations for Pulmonary and Heart Health"*

**Supporting U.S. Patent: 7,635,469**

Date : December 22, 2009  
*"Micronutrient Formulations for Hearing Health"*

**Supporting U.S. Patent: 8,221,799**

Date: July 17, 2012  
*"Multiple Antioxidant Optimal Health/Veteran's Ultimate Complete Formulations"*

**Supporting U.S. Patent: 11,819,538**

Date: November 21, 2023  
*"Collagen Daily with enzyme inhibitors for anti-aging"*

**Supporting U.S. Patent: 11,938,100**

Date: March 26, 2024  
*"Micro Daily-children gummy for optimal growth, development, and health"*

**Patents Pending**

Micro Daily EMF	Heart Boost
Probiotic Daily	GLP-1 Boost
Omega3 Daily	Core4



# DR. PRASAD'S PUBLISHED WORKS

Dr. Prasad Has Authored And Co-Authored 33 Books



# ENGAGE LIFE. ALL OF IT.

## Daily Nutrition to Live Your Best Life

Independent Affiliate Information Here



**The Micronutrient Company**

[www.microdaily.com](http://www.microdaily.com) • 801-655-4501

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