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GO BRONZE FAST START

workbook



SHOW. TEACH. WORK. THE PLAN.

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PURPOSE OF THIS WORKBOOK

To create unstoppable duplication and ignite consistent volume through leadership that lasts even when you're not online. This is your strategy for building a bonfire of belief, leadership, and residual results.



SECTION 1: SHOW THE PLAN

GOAL: Present the plan to **5 new people** per week, no matter the method.

M	T	W	TH	F	SA	S
		X				X

WAYS TO SHOW THE PLAN:



1:1 coffee chat



zoom/video meetup



in-home
“feel good now” party



atm to super freqs

TRACK IT

week	person #	date	method	outcome

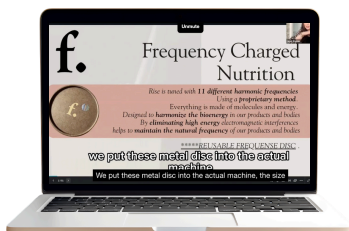
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YOUR WEEKLY GOAL: 5 PRESENTATIONS

BEFORE YOU PRESENT:



Share YOUR story
(use Your Story Framework)



Play Jena's 10-Min
Feel Good Now video



Offer the Trio, Duo,
or 5-Day Experience

YOUR STORY FRAMEWORK: BEFORE + AFTER



Before Rising + Vibing I... _____
(pick 1: brain fog, mood swings, exhaustion, etc.)



I just wanted to feel like... _____
(pick 1: myself again, a present mom, energized at work)



Then I started... _____
(Rising and Vibing with Rise + Source)



Now... _____
(clearer, calmer, better energy, sleeping again, etc.)

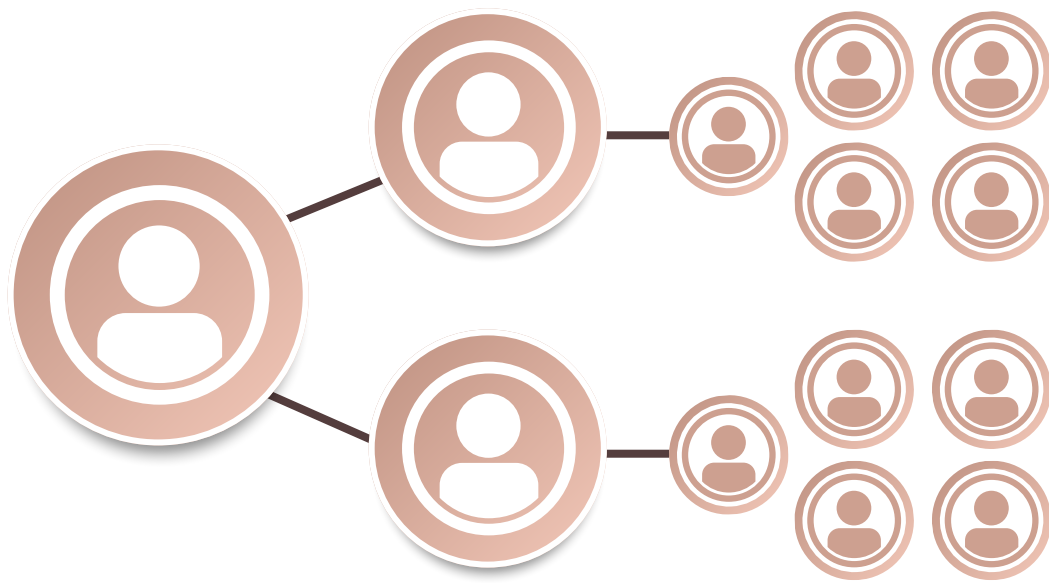
Practice writing on next page.

YOUR STORY FRAMEWORK: BEFORE + AFTER

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SECTION 2: TEACH THE PLAN

GOAL: Help your affiliates show the plan to 5 new people a week.



HOW TO TEACH IT



Co-host their
first 1-2 presentations



Give them this
exact workbook



Roleplay their story
+ invite scripts

WEEKLY TRACKER

affiliate name	did they show 5?	how did you support them?

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LEADERSHIP NOTES

REMEMBER

- You are not their savior, you are their mirror.
- Don't do it for them.
- Do it with them until they're confident.

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SECTION 3: WORK THE PLAN

GOAL: Taproot through every new affiliate, guest, or customer.

HOW TO TAPROOT



Ask:
“Who do you know who needs to feel good now?”



Add them to
your own list.



Offer to help them
host a Zoom or party.

FOLLOW-UP POWER MOVES



Every 5-day customer
Invite them to a 15-
min check-in



Every guest on Zoom
Follow-up with your story +
their next step

TAPROOTING TRACKER

new person	who referred them?	did they order/join	next step

frequency.

MARINA SIMONE – STYLE PRESENTING TIPS

USE THESE BUZZWORDS + PHRASES WHEN SHARING

- Feel Good Now
- Rising + Vibing
- Not your average mushroom drink
- Drink your dopamine
- This isn't a moment, it's a movement
- Talk Less. Show More.
- "I'm not a scientist. I'm just someone who finally feels good again."
- Play the video. Let the frequency do the talking.



WHEN OFFERING PACKS:



GOOD

Give them this
5-Day Experience



BETTER

The Duo —
Rise + Source



BEST

The Trio —
Rise + Source + Revrs

OPTIONAL GO GOLD: 90-DAY BONFIRE BLITZ



- ☐ 60 plan presentations
- ☐ 10 affiliates duplicating
- ☐ 3 taprooted teams

*Complete this and earn a special mystery
bonus from your mentor!*



LET'S RISE.
LET'S DUPLICATE.
LET'S LEAD THE
MOVEMENT.
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